



Program-Wide  
Positive Behavior Support  
at the University of South Florida

# Winter/Spring 2026 Training Series

**A NO-COST workshop series funded by the Children's Board of Hillsborough. Sessions focus on effective strategies that promote social-emotional development and address challenging behavior in young children from birth to five years old through the implementation of the Pyramid Model.**

Location:  
Children's Board of Hillsborough  
County  
1002 E. Palm Ave.  
Tampa, FL 33605

How to Register:  
[https://usf.az1.qualtrics.com/jfe/form/SV\\_cA6m9TE6vtSBSe2](https://usf.az1.qualtrics.com/jfe/form/SV_cA6m9TE6vtSBSe2)



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February 7, 2026 • 8:30 am-11:30 am

## Hearts Full of Feelings: Teaching Emotions All Day, Every Day

From morning hellos to center time conflicts, children experience big feelings, and they need supportive adults who can help them make sense of those moments. In this heart-centered training, participants will explore playful and developmentally appropriate ways to help children identify, express, and understand their feelings. Through hands-on activities, real-life scenarios, and sweet, simple strategies, educators will learn how to sprinkle emotional learning throughout the entire day – during routines, transitions, center time, and everything in between.

March 28, 2026 • 8:30 am-11:30 am

## Building Resilient Classrooms: Trauma-Informed Responsive Practices

Children who have experienced trauma may have difficulty regulating their emotions and behaviors. Using trauma-responsive practices in the early childhood environment can promote safety, growth, and healing. Join us as we explore strategies and resources that can support your ability to meet the needs of young children and families impacted by trauma. Participants will also learn ways to offer guidance to families on supporting children after stressful events.

May 30, 2026 • 8:30am-11:30 am

Training in Spanish!

## Receta para Fortalecer a las Familias: ¿Cuál es tu ingrediente secreto?

¿Has tenido dificultades para conectar con las familias? Esta capacitación ayudará a los educadores a fortalecer la comunicación y establecer alianzas con las familias, especialmente cuando los desafíos crean una barrera que impide el entendimiento. Los educadores aprenderán y practicarán técnicas para manejar conversaciones difíciles con empatía, transformando el conflicto en oportunidades de colaboración y asociación. También comprenderán cómo los sucesos y factores generales de la vida influyen en los comportamientos infantiles y la comunicación con las familias. Saldrán con herramientas prácticas para involucrar a las familias como verdaderos aliados. Descubre tus propios ingredientes secretos para fortalecer conexiones universales y fomentar soluciones que apoyen el éxito de cada niño.

June 27, 2026 • 8:30 am-11:30 am

Back by Popular Demand!

## Getting off the Reaction Roller Coaster: Effective Responses to Challenging Behavior

Navigating challenging behaviors can be tough for anyone. Thinking on your feet in the heat of the moment is no easy task. Join us to explore techniques that not only help us keep our cool but also enable us to deliver effective instruction and support to children. Participants will gain insights and strategies aimed at preventing and responding to challenging behaviors effectively. Unlock the power of calm and create a positive learning environment for all.

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